

## #(un)FILTERED: “#loneliness”

Psalm 25:1-7, 16-22

### I. Intro: A lonely place

### II. The struggle of technology and the “\_\_\_\_\_” social media

“Online activities hits us twice, once as a distraction and/or \_\_\_\_\_ for real social interaction and then again as a \_\_\_\_\_ via social media of all the things we aren’t doing and should be engaged in thus leaving us feeling lonely and FOMO.” (Melissa Sporn)

- A. The outcome is increased isolation: Shields \_\_\_\_\_, heads \_\_\_\_\_, hearts \_\_\_\_\_

*Turn to me and have mercy, for I am alone and in deep distress. My problems go from bad to worse. Oh, save me from them all! Feel my pain and see my trouble. Forgive all my sins.* (Psalm 25:16-18 NLT)

- B. The importance of being \_\_\_\_\_ and fully \_\_\_\_\_

*“A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another.”* (John 13:34-35 NIV)

### III. Conquering loneliness through embodying the abiding, life-giving \_\_\_\_\_ of \_\_\_\_\_

*Lead me in your truth, and teach me, for you are the God of my salvation; for you I wait all day long.* (Psalm 25:5 NRSV)

*Draw near to God, and he will draw near to you.* (James 4:8 ESV)

Redeemer...a great place to GATHER, GROW & GO  
in your relationship with Jesus Christ!



#(un)filtered  
Following Jesus in a selfie world

#loneliness  
part 6 ∴ Psalm 25:1-7, 16-22